

Dementia Friendly University Meeting

29th October 2020, 3:30pm, Zoom

Present: Catrin Hedd Jones – Chair (CHJ); Kat Algar-Skaife (KAS); Glenda Roberts (GR); Jayne Goodrick (JG); Chris Roberts (CR); Anna Story (AS); Gaz Williams (GW); Katie Tew (KT); IS (notes).

Apologies: Gill Windle; Ian Davies-Abbott; Shari Llewelyn; Sharon Roberts; Hayley Hogan; Jen Roberts; Karen Beattie; Rob Beattie; Ronnie Dean; Lizzie Dean.

Item	Discussion	Action
1.	Welcome, Apologies and Minutes of the last meeting 29/01/2020:	
a/	CHJ welcomed everyone to the meeting and introductions were made.	
b/	Apologies recorded.	
c/	<p><i>Action from previous meeting:</i></p> <ul style="list-style-type: none"> • <i>Intergenerational Sports day:</i> on hold. • <i>Caban Group:</i> following the initial meeting in Llanberis have met in Bangor University and online during lockdown. • <i>Friendly Face:</i> no contact during lockdown. • <i>Dementia Friends:</i> session will be held on-line 03/11/2020. Approximately 300 first year School of Health Sciences students. Sway and slides will be sent to them beforehand to support their understanding. Any new friends will be able to claim 5 Bangor employability award points with any Champions eligible for 10 points and this will be promoted. Also include links to the Facebook and Twitter accounts. • <i>Can y Gân:</i> Alistair has started teacher training now and no longer a member of the University, before lockdown he did speak with some of the current music students to see if there was any interest in doing music work with Hafan Café in Bangor. On hold due to lockdown. • <i>Rare Dementias Event:</i> Postponed due to lockdown. <p>Minutes accepted as a true record and can now be added to the webpage. IS to add.</p>	IS
2.	Updates:	
a/	COVID-19:	
	Situation is not ideal but CHJ stated everyone's efforts to meet up virtually was appreciated.	
b/	Social Media:	
	<p>North Wales Dementia Network: 504 members.</p> <p>109 DFU Facebook Followers (https://www.facebook.com/Dementia-Friendly-Bangor-University-379800496079222/).</p> <p>116 DFU Twitter Followers (https://twitter.com/DementiaUni).</p> <p>CR suggested including a link to the Dementia Friendly Bangor page on the Dementia Network Page.</p>	

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	<p>Discussion took place regarding increasing numbers. Suggested to link with Dementia Friends, SU can help through their social media channels and Undeb newsletter. Anything we want to advertise we can send photos and some text to SU. Now we've lost our Student Representative we need more students to be part of the Steering Group as a way of engaging more through the SU. We don't have a DFU Instagram page, KT would be happy to share information on Instagram. KT advised that the volunteers side run the social media accounts.</p> <p>If we could get new student members on the steering group it's possible that they might be able to support the social media relating to DFU. GW and KT can promote this, would need a role description, two or three lines plus a picture. All responses would go to GW and then a panel could be set up. GR, CR and JI to be included in the panel. The student volunteers would probably be quite nervous, so the 'interview' would be very informal. The Group were happy for the recruitment to be made through the SU. CHJ to send role description text/picture to GW/KT.</p>	CHJ
c/	PONTIO:	
	<p><i>Audit:</i> waiting for feedback from completed audit documents.</p> <p>GW gave a short update regarding PONTIO in relation to the restructuring.</p>	
d/	Students Union:	
i.	<p>Have tried adapting projects so as not to lose contact with people in the community.</p> <p><i>PenPal Project:</i> volunteers who would like to write letters to the local community, writing letters in a hope it will be a constant communication. If this is something anyone would like to get involved in, they're currently looking for the community to get involved with. This could also continue after Covid-19.</p>	
ii.	<i>GenCon:</i> currently on hold.	
iii.	<p><i>Get There Together:</i> A national initiative and AS gave an overview of the project. Mirain had sent an e-mail regarding it to GW, something good for the students to get involved with. SU have a film society who would be keen to be involved. CHJ will forward on the flyer from Mirain to KT for forwarding on to the film society.</p>	CHJ/KT
e/	Alzheimer's Society:	
	<p>CR/JG met with Kate Lee the new CEO, conversations over the Country on their opinions on what things they think the Alzheimer's Society should start to concentrate on. Discussed a few things that are going on.</p> <p>Hayley offered to send an update to KAS, once received this can be added to the minutes. Anything that would be of interest to Hayley should be forwarded on to her.</p>	HH
3.	Review Progress Against Action Plan:	
	<p>Raise awareness within the University. Improving on-line presence. Once next week's on-line session has been done, can look to see if it can be extended further. Suggestion that the sessions should be recorded. Action for CHJ & KAS. Show students videos of 'Friendly Face', 'Gobaith Mawr y Gwanwyn', so they can see that people living with dementia are living life and aren't all in Nursing Homes. KT will promote the videos on Instagram. CHJ to direct KT to the videos. The CADR animation could also be added.</p>	CHJ/KAS KT CHJ

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4.	Any Other Business:	
a/	<i>Dementia Friends Session to the Executive:</i> JH thought it would be worth contacting the Vice Chancellor, suggested contacting Bethan Nelson in the first instance. CHJ will make contact.	CHJ
b/	<i>Care Home Christmas Card Challenge:</i> JG will send a screenshot of the information to IS for circulation around the Steering Group.	JG/IS
c/	CR and JG presented at Alzheimer Europe Conference, given suggestions to pin documents that you will be reading from to the screen just below the camera, so as not to look down from the camera. There is also an Auto Cue App available to download called 'dv Prompter'.	
d/	Congratulations were passed to CR who has been appointed as Chairperson of the European Working Group of People with Dementia (EWGPWD) .	
e/	The Steering Group passed on their best wishes to Teresa and her family.	
5.	Date of Next Meeting:	
	27 th January 2021, 2:00pm – 5:00pm, via Zoom	
END OF MEETING		