



Penny Alexander

Teitl: MSc Res Celfyddydau ac Iechyd: Ymgorffori'r dull cARTrefu

Dyddiad dechrau: Medi 2020

Dyddiad gorffen disgwyliedig: Medi 2021

Goruchwylwyr: Dr Diane Seddon a Dr Katherine Algar-Skaife

Cyllidwr: KESS 2 Dwyrain

Fy nghefnidir

Gan raddio yn 2012 gyda BA (Anrh) mewn Celf Weledol, cefais fy nenu yn reddfol i weithio o fewn grwpiau cymunedol. Defnyddiais sgiliau fel artist cysyniadol i ddod â gweithdai neu weithgareddau creadigol i aelodau ymylol y gymdeithas. Mae enghreifftiau o'r rhai y bûm yn gweithio gyda nhw yn cynnwys ffoaduriaid, oedolion ag anghenion addysgol arbennig, plant mewn perygl, oedolion mewn perygl a chymunedau sy'n byw mewn ardaloedd o amddifadedd cymdeithasol. Ar ôl bod yn dyst i'r buddion y gall creadigrwydd eu cynnig, gobeithiaf ddysgu o ymchwil flaenorol a chwilio am fodolau posibl i archwilio agweddau'r sector cymhleth hwn. Fel ymchwilydd newydd, rwy'n gobeithio y gall fy ymwneud â hanes y prosiect hwyluso dyfnder o brofiad sy'n disodli ac yn fy nghefnogi yn fy nhaith fel PGR.

Fy ymchwil

Arweiniodd y profiadau blaenorol hyn i mi gael fy newis yn arlunydd gydag Age Cymru. O 2017-2019 bûm yn gweithio fel Artist Preswyl ar eu rhaglen flaenllaw "cARTrefu". Derbyniodd cARTrefu, sy'n golygu byw yn Gymraeg, gyllid gan Sefydliad Baring a Chyngor Celfyddydau Cymru am 6 blynedd. Gyda'r cyllid hwn yn dod i ben yn 2021, mae Age Cymru bellach yn edrych ar ffyrdd o gynnal a gwreiddio'r rhaglen. Dyfarnwyd ysgoloriaeth KESS 2 Dwyrain i mi i archwilio'r rhwystrau a'r hwyluswyr i ymgorffori a chynnal darpariaeth gelf mewn lleoliadau gofal cymdeithasol.

Manylion cyswllt

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Title: MSc Res Arts and Health: Embedding the cARTrefu approach

Start Date: September 2020 Anticipated End Date: September 2021

Supervisors: Dr Diane Seddon and Dr Katherine Algar-Skaife

Funders: KESS 2 East

My background

Graduating in 2012 with a BA (Hons) in Visual Art, I was instinctively attracted to working within community groups. I utilized skills as a conceptual artist to bring creative workshops or activities to marginalized members of society. Examples of those I worked with include refugees, adults with special educational needs, children at risk, adults at risk and communities living in areas of social deprivation. Having witnessed the benefits that creativity can bring, I hope to learn from previous research and to seek out potential models to explore the facets of this complex sector. As a novice researcher, I hope my involvement in the history of the project can facilitate a depth of experience which supersedes and supports me in my journey as a PGR.

My research

These previous experiences led me to be selected as an artist with Age Cymru. From 2017-2019 I worked on as an Artist in Residence on their flagship “cARTrefu” programme. cARTrefu, which means to reside in Welsh, received funding from The Baring Foundation and The Arts Council of Wales for 6 years. With this funding coming to an close in 2021, Age Cymru is now looking at ways to sustain and embed the programme. I have been awarded a KESS2 East scholarship to explore the barriers and facilitators to embedding and sustaining arts provision in social care settings.

Contact

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