



Laura Braithwaite

Teitl PhD: Archwilio dylanwad teulu wrth gefnogi cyfathrebu a chyswllt tra yn byw efo dementia

Dyddiad dechrau: Hydref 2020

Dyddiad gorffen disgwylidig: 2025

Goruchwylwyr: Catrin Hedd Jones a Gill Windle

Cyllidwr: Wedi'i ariannu'n rhannol gan y GIG

Fy nghefnidir

Rwyf wedi bod yn gweithio'n glinigol fel Therapydd Lleferydd ac Iaith yn y GIG ers sawl blwyddyn, gan arbenigo mewn cefnogi pobl â dementia a'u teuluoedd. Rwy'n darparu therapi ar sail asesiad cyfannol gyda phobl â dementia sy'n profi anawsterau cyfathrebu a llyncu.

Rwyf bob amser wedi bod yn angerddol iawn am ddarparu ymyriadau ar sail tystiolaeth ac ymgysylltu ag ymchwil sy'n dod i'r amlwg. Cwblheais radd Meistr mewn Astudiaethau Dementia ym Mhrifysgol Stirling, ac roeddwn yn awyddus i barhau â'm hastudiaethau ôl-raddedig i lefel PhD.

Fy ymchwil

Rwyf yng nghyfnod cynnar fy nhaith PhD ac rwyf yn y broses o gynnal fy adolygiad llenyddiaeth. Fodd bynnag, rwy'n bwriadu defnyddio dulliau ansoddol i gael dealltwriaeth gyfoethog o'r ffyrdd y mae unigolyn â dementia, ac sawl cenhedlaeth o'r teulu yn addasu a rheoli newidiadau mewn cyfathrebu.

Manylion cyswllt

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PhD Title: Exploring communication and connection in families living with dementia, using a family system approach

Start Date: October 2020

Anticipated End Date: 2025

Supervisors: Catrin Hedd Jones and Gill Windle

Funders: Part-funded by NHS

My background

I have been working clinically as a Speech and Language Therapist in the NHS for several years, specializing in supporting people with dementia and their families. I provide holistic assessment and therapy for people with dementia who experience communication and swallowing difficulties.

I have always been very passionate about delivering evidence-based interventions and engaging with emerging research. I completed a Masters in Dementia Studies at the University of Stirling, and was keen to continue my postgraduate studies to PhD level.

My research

I am at early stage of my PhD journey and I am in the process of conducting my literature review. However, I am planning to use qualitative methods to gain a rich understanding into the ways that a person with dementia, and their family members, of multiple generations, adapt to and manage changes in communication as a family unit.

Contact

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