

Cynnwys y Myfyrwyr / Student Involvement

Cynlluniau gwirfoddoli dan ofal Undeb y Myfyrwyr /
Volunteering opportunities supported by the Students Union

Am fwy o wybodaeth / For further information please contact:
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Cynllun Cân y Gân



Cydweithio gyda Age Cymru Gwynedd a Môn a Playlist for life i gefnogi pobl hyn i ail ddarganfod eu hoff ganeuon tray n treulio amser yn sgwrsio yn y Caffi Hafan yn Bangor. Fydd gwirfoddolwyr yhn gynnig cymorth a chyfle i ddod I adnaobod trigolion hyn y Ddinas tra yn rhannu cerddoriaeth.

Students collaborate with Age Cymru and Play list for Life to provide a 'drop in' facility for older adults to rediscover and download their favourite tracks. With the intention of improving mental health and wellbeing and encouraging links between the generations of residents in Bangor.

Ochr wrth Ochr / Side by side



Cynllun gwirfoddoli gyda y Gymdeithas Alzheimer's ar gyfer cynnig cyfle i drigolion sydd yn byw efo dementia i fwynhau gweithgareddau hamdden a lleihau unigrwydd.

Students work with the Alzheimer's society to support people living with dementia opportunities to keep on doing things that they love, give them confidence to find new hobbies and interest and reduce feelings of loneliness or isolation.

Canfod y Gân / Discover the song



Mae myfyrwyr yn cefnogi a chynorthwyo aelodau'r grwp i gymryd rhan ar y cyd a chydweithio dan arweiniad y tiwtor cerddoriaeth.

Volunteers will support and assist the group members to take part and collaborate under the guidance of the music tutor.

Cynllun Cemlyn / Cemlyn project



Trwy wirfoddoli ar ward yn Ysbyty Llangefni mae myfyrwyr yn helpu pobl sydd yn byw efo dementia i gymryd rhan mewn gweithgareddau hamdden a chymdeithasol a'u helpu i gadw cysylltiad ag eraill.

Student volunteers at Llangefni Hospital support people living with dementia to engage with social and recreational activities on the ward, helping people to stay connected.

Elvis



Mae gwirfoddolwyr yn cefnogi digwyddiadau cerddorol o fewn ysbytai Bwrdd Iechyd Prifysgol Betsi Cadwaladr.

The Elvis and Co Project is to support Music related events in hospitals within the Betsi Cadwaladr University Health Board, North Wales.