

Topic Covered –Creative Activities (Dementia Care)

Levels - 1-3

Time – delivered over 2 x 3.5 hours

Aims and objectives Two half day workshops on the use of creative activities in dementia care. Each of the workshops will provide a basic knowledge of the use of creative activities and aim to enable staff to develop existing skills through experiential learning. The interval between sessions allows staff to return to their work places to work on assignments for presentations at session 2.

Workshop 1

Aim - to provide an introduction to creative activities, the rationale and the evidence for their use in dementia care.

The workshop should enable staff to recognise the value of creative activities and the benefits for the person with dementia. Allows attendees to learn new skills, develop existing skills, develop resources and discover how to use creative arts.

Workshop 2

Aim – presentation of project work, planning and developing creative activities in the workplace.

Attendees demonstrate how they have put knowledge into practice, understand how creative activities have a valuable role in assessment and care planning, and understand the implications of facilitating creative activities.

Course/learning programme

Workshop 1

- Overview of creative activities in dementia care
- Recognising aims and value
- Good practice – principles
- Facilitation skills- 1:1 and group work – practical exercises
- Identifying themes and interest
- Practical project – assignment – creative activity in the workplace

Workshop 2

- Presentation of projects
- Identifying hidden talents, interests and creativity
- Practical – using the creative arts
- Dealing with difficulties
- Practical – taking it further

Learning mediums

Lecture, powerpoint, visual examples of creative activities, hands-on practice, DVD of creative activities in action, handouts, resource materials, practical sessions in facilitation skills, group experiential work, demonstrations.

Costs depend on whether the course is put on by DSDC or commissioned by an organisation