



Maria Caulfield

PhD Title: Co-creating, commissioning, and delivering bespoke short breaks: integrating research, policy, and practice

Start Date: May 2019

Anticipated End Date: May 2022

Supervisors: Diane Seddon, Sion Williams and Catrin Hedd Jones

Funders: Wales School for Social Care Research on behalf of Health and Care Research Wales

My background

I completed my university education (MSc Neuroimaging: Merit; BSc Hons Psychology: 2:1) at Bangor University. Since graduating with a MSc in 2013, I have held various research support positions, spanning diverse areas of work within the Schools of Psychology and Health Sciences at Bangor University. I have an interest in studying the implementation and evaluation of complex health and care programmes.

My research

My PhD research aims to provide robust evidence that informs the planning, commissioning, and delivery of bespoke short breaks provision for people living with moderate to severe dementia and those who care and support them. This involves capturing and integrating a broad range of commissioning, operational and provider perspectives across the statutory, third and private sectors with the insight of people living with dementia and their caregivers. This knowledge will be used to inform policy and practice development in short breaks provision.

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